



# Association pour le Développement des Activités Sociales d'INRAE (ADAS-INRAE)

[www.adas-inrae.fr](http://www.adas-inrae.fr)

## What is this association?

ADAS-INRAE, french for Association for the Development of Social Activities of INRAE (law 1901), created in 1967 (refer to Official Journal of August 12, 1967), aims to study, promote, organise, and carry out all social, educational, cultural, sporting, and community projects for its members and their beneficiaries.

## What can ADAS-INRAE offer you?

The association implements various types of **actions and benefits** aimed at active INRAE employees (either permanent or retired), their beneficiaries (children and spouse or partner), and, for certain actions, associates (people working at an INRAE site) as well as external employees (not affiliated with INRAE).



## What activities can you do locally?

In each INRAE center, there are one or more local sections of ADAS-INRAE which organise activities (sporting, cultural or leisure), meetings, events, Christmas trees, etc., allowing to promote the collective spirit, to maintain and develop the social bond between everyone.

Go to web page: [https://www.adas-inrae.fr/3\\_page\\_les-sections-locales.html](https://www.adas-inrae.fr/3_page_les-sections-locales.html)



## Les sections locales

Les 49 sections locales organisent des activités sportives, culturelles, de loisirs, culturelles... des rencontres, des manifestations sportives ou culturelles pour favoriser l'emploi local, améliorer et développer le lien social entre tous les adhérents, qu'ils soient actifs, retraités, ayants droit ou encore associés ou bénévoles.

En tant qu'acteur de la vie collective au sein des sections locales ADAS contribue à maintenir le lien social et la cohésion au sein des différentes communautés de travail. Ces actions permettent par ailleurs d'agir sur le qualité de vie des agents.

### Quels types d'actions sont mis en place ?

C'est généralement pour répondre à des attentes des adhérents, que INRAE-INRAE met en place les actions (activités, services...). Mais ce qui propose l'association peut aussi être de découvrir et organiser des activités, d'autres lieux ou encore d'échanger son réseau à l'occasion de nouvelles rencontres.

La mise en place des actions peut être relativement simple. Cela fait partie des outils de INRAE-INRAE. Au niveau local, on y retrouve notamment des outils de planification, des échanges en lien avec le RSE (actions partagées, agriculture, biodiversité, partenariat avec les O.N.G. etc...). Ces activités apportées ont un impact plus simple que de faire du sport sur son lieu de travail.



### Implantation des sections locales ADAS-INRAE



INFORMATION LEAFLET





# What does ADAS-INRAE offer at national level?

Adassians can participate in several types of activities and benefit from various services:

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## EVENTS



ADAS-INRAE organises events in the fields of sport, culture, discovery or leisure; thus promoting the gathering of Adassians during short stays, sporting or cultural weekends, intergenerational stays and trips

## HOLIDAYS



**Holidays:** go on a trip alone or with your family through various destinations (*seaside, countryside, mountains, abroad*) in several different types of accommodation (*light accommodation, holiday villages, lodges*)

## YOUTH



**Summer camps, language or BAFA<sup>1</sup> stays :** for children and teens, up until the day before their 18th birthday, with different themes (*sea, nature, mountains*), during school holidays (*winter, spring, summer and autumn*)

<sup>1</sup> BAFA is a youth work diploma, qualification or certificate

If you are travelling with the **national ADAS-INRAE** (on trips/stays/weekends/holidays/summer camps), you can claim so-called *a priori subsidies* (deducted from your invoices).

*Example of a grant for a trip organised by the national ADAS-INRAE:*

For a stay of €1,000 (- €100 discount granted by ADAS-INRAE)

**Remaining at your expense: €810 if your intervention rate is 10%**  
**€270 if your intervention rate is 70%**



# Adassians have the possibility of requesting individual grants:

## SUBSIDIES



### > For les adults :

- Annual activities, internships, and one-off courses
- Accommodation during a spa treatment

### > For children:

- Annual activities, internships, and one-off courses
- Early learning or discovery classes
- Leisure centers without accommodation ('ALSH')
- Accommodation during a spa treatment
- Language camps and stays
- Family vacations

### > For disabled people:

- Holidays in establishments "Tourism & Disability" certification
- **Youth:** medical/paramedical sessions, purchase of disability-related equipment, therapeutic activities

If you or your children participate in outside stays or activities (**apart from ADAS-INRAE**), you can benefit from so-called *a posteriori* subsidies (paid after the stay or activity, upon presentation of supporting documents).

*Example of a grant for an activity carried out during the school year (apart from ADAS-INRAE) :*

For a soccer activity billed at €300 by the local club  
(the subsidy is calculated based on a maximum of €150):

**Grant : €15 if your intervention rate is 10%**

**€105 if your intervention rate is 70%**

## OTHER SERVICES



- **Exceptional assistance** for Adassians experiencing temporary difficulties
- Loans for retirees, pre-retirees and ADAS-INRAE employees
- A subscription service for journals, press, magazines, and newspapers at preferential rates (*Easily*)
- A ticketing service (*Emile's*)



# Where can I find additional information?

→ On the ADAS-INRAE website: <https://www.adas-inrae.fr/>

Pages visible without login ID



To view other sections you must request an identifier.

[https://www.adas-inrae.fr/foire\\_aux\\_questions\\_categorie\\_29\\_faire-une-de-mande-d-acces---obtenir-un-identifiant.html](https://www.adas-inrae.fr/foire_aux_questions_categorie_29_faire-une-de-mande-d-acces---obtenir-un-identifiant.html)

→ Or directly with your local correspondents (*members of the local board of directors and/or activity managers within your local section ADAS-INRAE*).

## How to benefit from the actions and services of ADAS-INRAE ?

To benefit from ADAS-INRAE's activities and services, you must take out a **€10 membership** per calendar year, granting you ADAS member status. Valid for the current year, the membership allows ADAS members to access local and national activities, subject to certain conditions.

**At local level:** activities and actions are open to all members of the local section on which they depend and are generally subsidized.

Membership in ADAS-INRAE is mandatory and, for certain services (activities, weekends, etc.), a contribution may be requested.

In some cases, a **Family Quotient (QF)** \* calculation may be requested.

**At national level:** in addition to membership, to benefit from subsidies (depending on your status, and subject to conditions), a Family Quotient (QF) has to be calculated which will determine your ADAS-INRAE intervention rate (from 10 to 70%) \*\* for the current year.

QF is the Family or household Quotient measuring monthly resources for the computation of various allowances

\* The ADAS-INRAE QF is calculated from the Reference Tax Income ('RFR') on annual income Y-2 and a number of shares linked to your family situation, according to the following formula:

$$\text{ADAS-INRAE QF (annual)} = \text{RFR year Y-2} / \text{Number of ADAS-INRAE shares year Y}$$

\*\* The ADAS-INRAE intervention rate (y%) is calculated using the following formula:

$$y\% = 90 - (0.0571 \times \text{QF ADAS-INRAE} / 12)$$

(Maximum 70% intervention if  $\text{QF} \leq \text{€}4,200$ , and minimum 10% if  $\text{QF} \geq \text{€}16,800$ )

